

heute gibt es...

Apple-Pie-Pops



Ingredients(10-12 pieces)

For the dough:

- 240g flour
- 120g Butter
- 70g sugar
- 1 pinch salt
- 1 organic lemon (including the shell)
- 1 egg yolk

For the filling:

- 20g zerlassene Butter
- 2 apples
- 80g raw cane sugar
- ½ TL Zimtpulver
- 1 tablespoon of vanilla sugar or a Mark ½ vanilla pod if it may be vanilla

In addition:

- 1 egg
- Lollipop-Sticks
- some cane sugar for sprinkling

Preparation:

1. All dough ingredients to a smooth dough, knead, wrap in plastic wrap and place for about 60 minutes in the refrigerator.
2. Peel apples, remove seeds and cut into small pieces. As a little guidance: For me these were about the size of a 2-cent coin, only slightly thicker.
3. simmer the apple pieces with the melted butter, sugar, cinnamon and salt in a saucepan until the apples are soft. If you did you choose the vanilligere variant, now stir in the marrow of the vanilla bean.
Then let the filling cool briefly.
4. Preheat oven to 160 ° C (circulation) Preheat.
5. Roll out the dough on a floured surface about 2-3mm thick and cut out with a round cutter circuits. The diameter should be at least 5cm. For me it was 6cm, which has proven to be good. Considering the gouging that per Apple Pie Pop 2 circuits are needed. Depending on the diameter of the Ausstechers, here the number of Apple Pie Pops varied.
6. Place the Stack dough circles on a lined baking tray. Whisk the egg and brush every other circle with it.
7. press lightly now each a lollipop stick on a bepinselten circle. So that the weight of the small apple pie can be carried by handle, this should extend to the middle of the circle.



8. About 1-2 tsp apple filling – the amount has to be adapted to the diameter of the circles – enter into the middle of bepinselten Stack dough circles. Be careful to ensure that there is still a margin left over, otherwise the pies can not be shut properly.
Now place the remaining Teighälften the circles, pushing the edge with a fork and cut with a knife (2-4 times).
9. Finally, brush the surface of the Apple Pie Pops with the whisked egg and sprinkle with a little sugar.
10. Bake until golden brown, the Pie Pops in the preheated oven for about 15 minutes.
So the stems can keep the chickens, they need to cool off.



